



DURHAM CITY AQUATICS SKOOLS OUT MEET

Saturday 19 and Sunday 20 July 2025
At Freeman's Quay, Walkergate, Durham, DH1 1SQ
Level 3 - License No.: TBC
Programme of Events

Session 1: Saturday 20 July Warm Up 08:00; Start 09:00					Session 3: Sunday 21 July Warm Up 08:00; Start 09:00				
101	Female	Open	200m	Individual Medley	301	Open/ Male	Open	200m	Individual Medley
102	Open/ Male	Open	200m	Backstroke	302	Female	Open	200m	Backstroke
103	Female	Open	100m	Butterfly	303	Open/ Male	Open	100m	Butterfly
104	Open/ Male	Open	100m	Breaststroke	304	Female	Open	100m	Breaststroke
105	Female	Open	200m	Breaststroke	305	Open/ Male	Open	200m	Breaststroke
106	Open/ Male	Open	50m	Freestyle	306	Female	Open	50m	Freestyle
107	Female	Open	50m	Backstroke	307	Open/ Male	Open	50m	Backstroke
108	Open/ Male	11/ over	400m	Individual Medley	308	Female	11/ over	400m	Individual Medley
109	Female			Skins	309	Open/ Male			Skins
Session 2: Saturday 20 July Warm Up TBC; Start TBC					Session 4: Sunday 21 July Warm Up TBC; Start TBC				
201	Open/ Male	Open	200m	Freestyle	401	Female	Open	200m	Freestyle
202	Female	11/ over	400m	Freestyle	402	Open/ Male	11/ over	400m	Freestyle
203	Open/ Male	Open	50m	Breaststroke	403	Female	Open	50m	Breaststroke
204	Female	Open	100m	Backstroke	404	Open/ Male	Open	100m	Backstroke
205	Open/ Male	11/ over	200m	Butterfly	405	Female	11/ over	200m	Butterfly
206	Female	Open	50m	Butterfly	406	Open/ Male	Open	50m	Butterfly
207	Open/ Male	Open	100m	Individual Medley	407	Female	Open	100m	Individual Medley
208	Female	Open	100m	Freestyle	408	Open/ Male	Open	100m	Freestyle

Deadline for entries is 23:59 on Friday 27 June 2025.

Meet Conditions for the Durham City Aquatics (DCA) Schools out Meet 2025:

1. The meet will be swum under ASA Law & World Aquatics Technical Rules and is licensed by Swim England NER as a Level 3 meet.
2. The pool length is 25m with 8 lanes & anti-wave lane ropes; the organisers reserve the right to reduce the number of lanes used should the number of available officials necessitate this.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. Backstroke ledges will be in use, except for the skins events.
5. The age groups are Boys/Girls: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15-17yrs, 18 & over with age on 20 July 2025.
6. All events are heat declared winners.
7. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.
8. Medals will be awarded to the top 3 male/open and female swimmers in each age group. Speeding tickets will be issued to swimmers swimming faster than the respective cut-off times for their age group; swimmers receiving a speeding ticket will not be eligible for a medal and the medals will be awarded to the next fastest swimmers. Times achieved will (obviously) be included in the results file and submitted for entry in the Swim England database.
9. Skins events will be held for the male and female 12 years and under and 13 years and over age groups. The competitors for each skins event shall be the top 6 swimmers on the day in the relevant age groups for the 200IM. Cash prizes will be awarded to the competitors as follows: 1st: £35; 2nd: £25; 3rd: £20; 4th: £15; 5th/6th: £10.
10. Results sheets will be sent to competing clubs after completion of the meet.
11. **The deadline for entries is 23:59 on Friday 27 June 2025.**
12. All events will be as per schedule of the meet with age groups combined; swimmers will be seeded according to entry times. Coach-approved estimated entry (e.g. training) times should be provided for swimmers who do not have an entry on the Swim England database; entries will be rejected if NO time is entered.
13. Entry times must not be faster than the accompanying Upper Limit Times.
14. Entry times should be converted to 25m pool times by use of SE conversion tables.
15. Entries are encouraged from disabled / para swimmers.
16. Sports System Entry fee is **£7.50** per event; paper entries £8.50.
17. Coach passes are **£25.00** which includes start lists and lunch on both days.
18. The Sports System Entry File should be submitted together with a completed Summary Sheet to: competitions@dcaswim.co.uk. Payment should be made by Bank Transfer at the time of entry; payment details are specified on the Summary Sheet.
19. In order to ensure meet timings are maintained, entries will be admitted on the basis of submitted entry times. Should the meet be oversubscribed, rejections will be applied in an equitable fashion across all events and age groups. An exception will be made for entries received from overseas clubs (and their hosting club in the case of an exchange); any valid entries received by the closing date are guaranteed direct entry into the gala. This ensures the necessary arrangements for e.g. travel and accommodation can be made in a timely fashion.
20. DCA reserves the right to fill empty lanes with Durham City Swimmers.
21. Withdrawals must be notified no later than midday on Thursday 17 July 2025.

22. No refunds will be issued for withdrawals after the closing date other than for withdrawals on medical grounds supported by documentary evidence, e.g. doctor's note, NHS COVID-19 Notification e-mail/text, etc. In this case, the swimmer will be withdrawn from all events.
23. For safety reasons only swimmers who can perform a competitive start may perform a shallow racing dive from the starting blocks.
24. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the race start may not be allowed to compete.
25. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with Swim England Child Protection Policy. Official passes shall be worn at all times on poolside.
26. No unaccompanied swimmers allowed.
27. All swimmers leaving poolside must have appropriate clothing and footwear.
28. The use of any photographic equipment (still, video or digital, including mobile phones with camera function) by members of the public will not be allowed anywhere in the spectator area. We aim to support requests for recording for exam purposes, but an enquiry must be made at the time of entry submission and the decision will be at the discretion of the DCA club secretary.
29. Anyone who has prior approval to use image recording devices for exam purposes must register at the entrance and comply with the current Swim England Wave Power Guidelines on Photography (copies can be found at [WavePower](#)) and adhere to the rules and standard operating procedures of the venue.
30. Only the DCA official photographer is allowed on the poolside.
31. **Mobile phones or other (digital) recording devices are not allowed to be used in the changing areas.** Anyone found to be using mobile phones in the changing area could be withdrawn from the gala.
32. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.
33. Swimmers are advised to use lockers, DCA or Freemans Quay Management cannot be held responsible for loss or damage to spectators or swimmers equipment.
34. If you can help as an official please contact: Paul McLean (officials@dcaswim.co.uk). Our expenses policy can be viewed at the bottom of this page:
<https://uk.gomotionapp.com/team/nedcaswpc/page/competitions1/upcoming-galas-at-durham>
35. All competing Clubs are requested to provide officials to ensure the smooth running of the meet.
36. The referee's decision is final.

Any points not covered here will be at the discretion of the meet organisers.

Any queries should be directed to: Steph Holmes-Morris at competitions@dcaswim.co.uk.

Durham City Aquatics Skools Out Meet 2025

Upper Limit Times

Swimmers must NOT have swam faster than the times below

Female 25m Qualifying times							Open/Male 25m Qualifying times					
10 & under	11	12	13	14	15 & over		10 & under	11	12	13	14	15 & over
No Limit						50m Free	No Limit					
1:12.0	1:07.0	1:04.0	1:02.0	1:00.0	58.0	100m Free	1:12.0	1:06.0	1:02.0	58.0	55.0	52.0
2:34.0	2:24.0	2:18.0	2:14.0	2:10.0	2:06.0	200m Free	2:34.0	2:22.0	2:14.0	2:06.0	2:00.0	1:54.0
N/A	5:01.0	4:49.0	4:41.0	4:33.0	4:25.0	400m Free	N/A	5:00.0	4:44.0	4:28.0	4:16.0	4:04.0
No Limit						50m Back	No Limit					
1:22.0	1:17.0	1:13.0	1:10.0	1:07.0	1:04.0	100m Back	1:20.0	1:13.0	1:08.0	1:04.0	1:01.0	58.0
2:54.0	2:44.0	2:36.0	2:30.0	2:24.0	2:18.0	200m Back	2:50.0	2:36.0	2:26.0	2:18.0	2:12.0	2:06.0
No Limit						50m Breast	No Limit					
1:33.0	1:28.0	1:23.0	1:19.0	1:16.0	1:13.0	100m Breast	1:32.0	1:25.0	1:19.0	1:14.0	1:10.0	1:06.0
3:18.0	3:08.0	2:58.0	2:50.0	2:44.0	2:38.0	200m Breast	3:16.0	3:02.0	2:50.0	2:40.0	2:32.0	2:24.0
No Limit						50m Fly	No Limit					
1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	1:02.0	100m Fly	1:23.0	1:16.0	1:10.0	1:05.0	1:01.0	57.0
N/A	2:45.0	2:37.0	2:31.0	2:25.0	2:19.0	200m Fly	N/A	2:47.0	2:35.0	2:25.0	2:17.0	2:09.0
1:27.0	1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	100m IM	1:22.0	1:15.0	1:10.0	1:06.0	1:03.0	1:00.0
3:04.0	2:50.0	2:40.0	2:32.0	2:26.0	2:20.0	200m IM	2:54.0	2:40.0	2:30.0	2:22.0	2:16.0	2:10.0
N/A	6:00.0	5:40.0	5:24.0	5:12.0	5:00.0	400m IM	N/A	5:40.0	5:20.0	5:04.0	4:52.0	4:40.0

This is an Age on Day (i.e. age on 20 July 2025) Gala - entry times from 1st January 2022.



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